Prevent and reduce anxiety. Learn together as a family.

Find us on Facebook

Our team delivers the evidence-based FRIENDS Resilience Programs in a supportive group environment for children and their parents/caregivers.

We can help you and your child:

- Build resilience
- Prevent and reduce anxiety
- Enhance social and emotional intelligence – key predictors of academic outcomes
- Manage stress in school, the workplace and in relationships

JULY SCHOOL HOLIDAY ENROLMENTS ARE CLOSING

Location: Warradale Community Centre
Southmead Drive
Landsdale

Dates: 2017 July School Holidays

Monday 10th
Tuesday 11th,
Wednesday 12th
Friday 14th
Saturday 15th

ASK US ABOUT
Medicare or Private Health Insurance REBATES

Resiliencekit

Contact us for more information:
www.resiliencekit.com.au
0481 369 446